

### Appointment Details

Appointment Time:

Date:

Branch:



FLINDERS CARDIAC

### Thank you for seeing:

Patient Name:

Date of Birth:

Address:

Telephone (H):

Telephone (M):

Med. No.:

### Service Items Requested

Consultation also required

### Clinical Details

### Referring Doctor Details

### Copies to

### Doctor Signature

### Date

E [info@heartandvascular.com.au](mailto:info@heartandvascular.com.au)  
 or [enquiry@flinderscardiac.com.au](mailto:enquiry@flinderscardiac.com.au)  
[www.heartandvascular.com.au](http://www.heartandvascular.com.au)  
[www.flinderscardiac.com.au](http://www.flinderscardiac.com.au)

### LOCATIONS

		Phone	Fax	Consultations*	ECG (Only)	Holter Monitor	Event Monitor	Exercise ECG	Echocardiogram	Exercise Stress Echo	Dobutamine Stress Echo	24 Hour BP Monitor	Transoesophageal Echo**	Cardiac MRI**	CT Coronary Angiogram**	CT Coronary Calcium Score**
<b>Head Offices</b>	<input type="checkbox"/> <b>Flinders Cardiac</b> Level 6, Suite 606, Flinders Private Hospital, Bedford Park	8177 1599	8177 1589	+	•	•	•	•	•	•	•	•	•			
	<input type="checkbox"/> <b>Heart &amp; Vascular - Calvary</b> Level 1, Calvary Adelaide Hospital, 120 Angas Street, Adelaide	8224 6100	8359 2238	+	•	•	•	•	•	•	•	•	•			
	<input type="checkbox"/> <b>Heart &amp; Vascular - Mount Gambier</b> 18-20 Sturt Street, Mount Gambier	8783 6000	8723 5792	+		•	•	•	•	•	•	•	•			
	<input type="checkbox"/> <b>Heart &amp; Vascular - Brighton</b> 1/497 Brighton Road, Brighton	8224 6100	8359 2238	+		•			•							
<b>South East</b>	<input type="checkbox"/> <b>Naracoorte</b> McMillan Wing, Naracoorte Health Service, 101 Jenkins Terrace, Naracoorte	8177 1599	8177 1589	+		•		•	•							
	<input type="checkbox"/> <b>Bordertown</b> Bordertown Memorial Hospital, 23 South Terrace, Bordertown	8177 1599	8177 1589	+		•										
	<input type="checkbox"/> <b>Robe</b> Robe Medical Centre, 1 Smillie Street, Robe	8177 1599	8177 1589	+												
	<input type="checkbox"/> <b>Kingston</b> Kingston Medical Centre, 89 Angas Street, Kingston	8177 1599	8177 1589	+			•									
	<input type="checkbox"/> <b>Millicent</b> Medical Centre Millicent, 10 Short Street, Millicent	8177 1599	8177 1589				•									
<input type="checkbox"/> <b>Beachport</b> Millicent Road, Beachport	8735 8056	8735 8579				•										
<b>Fleurieu Peninsula</b>	<input type="checkbox"/> <b>Southern Fleurieu Health Service</b> Harbourview Terrace, Victor Harbor	8177 1599	8177 1589	+												
	<input type="checkbox"/> <b>Victor Harbor Specialist Centre</b> 59 Ocean Street, Victor Harbor	8177 1599	8177 1589	+												
	<input type="checkbox"/> <b>Middleton</b> 3/27 Goolwa Road, Middleton	8224 6100	8359 2238	+		•			•							
<b>Riverland</b>	<input type="checkbox"/> <b>Berri</b> Riverland Region Hospital, Madder Street, Berri	8177 1599	8177 1589	+		•		•	•							
	<input type="checkbox"/> <b>Loxton</b> Loxton Health Service, 11 Anzac Cr, Loxton	8224 6100	8359 2238	+		•										
	<input type="checkbox"/> <b>Waikerie</b> Waikerie Medical Practice, 2 Strangman Road, Waikerie	8177 1599	8177 1589	+		•			•							
	<input type="checkbox"/> <b>Barmera</b> 24 Hawdon Street, Barmera	8588 2040	8588 3294				•									
	<input type="checkbox"/> <b>Renmark</b> 65 Thurk Street, Renmark	8586 4111	8586 4067				•									
<b>Eyre Peninsula</b>	<input type="checkbox"/> <b>Whyalla</b> Whyalla Hospital, 20 Wood Terrace, Whyalla	8177 1599	8177 1589	+				•	•							
	<input type="checkbox"/> <b>Wudinna</b> Wudinna Medical Practice, Richards Avenue, Wudinna	8680 2005	8680 2515	+		•		•	•							
	<input type="checkbox"/> <b>Kimba</b> Kimba District Hospital, 15 Martin Terrace, Kimba	8177 1599	8177 1589	+		•			•							
	<input type="checkbox"/> <b>Cleve</b> Mid Eyre Medical, 15 Main Street, Cleve	8177 1599	8177 1589	+		•		•								
	<input type="checkbox"/> <b>Cowell</b> 17 South Terrace, Cowell	8629 2504	8629 2506				•									
	<input type="checkbox"/> <b>Elliston</b> Memorial Drive, Elliston	8687 9110	8628 2193				•									
<b>Mallee &amp; Lower Murray</b>	<input type="checkbox"/> <b>Streaky Bay</b> 1 Flinders Drive, Streaky Bay	8626 1072	8626 1785				•									
	<input type="checkbox"/> <b>Meningie</b> Coorong Medical Centre, 2 South Terrace, Meningie	8575 1208	8575 1530	+		•		•	•							
<input type="checkbox"/> <b>Lameroo</b> Mallee Medical Practice, 1 Vardon Tce, Lameroo	8586 4644	8576 3893	+			•		•								
<b>Upper North</b>	<input type="checkbox"/> <b>Leigh Creek</b> Black Oak Drive, Leigh Creek	8678 6022	8678 6020			•										
<b>Mid North</b>	<input type="checkbox"/> <b>Orroroo</b> 23 Second Street, Orroroo	8658 1222	8658 1222			•										
<b>Southern Flinders Ranges</b>	<input type="checkbox"/> <b>Booleroo Centre</b> 11B Stephens Street, Booleroo Centre	8667 2046	8667 2336			•										
<b>Victoria</b>	<input type="checkbox"/> <b>Nhill</b> West Wimmera Health Service, 43-51 Nelson Street, Nhill	8224 6100	8359 2238	+				•								

\*Requires referral addressed to a cardiologist \*\*Can only be referred by a cardiologist



## TEST

## WHAT IS THIS TEST?

## WHAT DO YOU NEED?

### ECG

A simple recording of the electrical activity of the heart. The skin is prepared by rubbing or shaving so that recording dots can stick to the skin.

Duration: 10 minutes

No special preparation needed.

### Echocardiogram

An ultrasound image of the moving heart muscle is recorded by placing a probe on the chest wall.

Duration: 40 minutes

No special preparation needed.

### Exercise Stress Echo

An ultrasound image of the heart muscle is recorded before and after you exercise on a treadmill. The heart muscle image is then analysed for movement abnormalities. The skin is prepared by rubbing or shaving so that electrical impulses of the heart are also recorded during exercise.

Duration: 40 minutes

Avoid large meals prior to the test.  
Please wear comfortable shoes and bring a towel.

### Dobutamine Stress Echo

An ultrasound image of the heart muscle is recorded before and after and during an infusion of Dobutamine. Dobutamine is a medication given into the vein that is used to speed up and increase the contraction of the heart. The heart muscle image is then analysed for movement abnormalities. The skin is prepared by rubbing or shaving so that electrical impulses of the heart are also recorded during the medical infusion.

Duration: 40 minutes

No special preparation needed.

### Holter Monitor

An extended recording of the electrical activity of the heart. 2 electrodes will be attached, externally, to your chest (after preparing the skin by either shaving or rubbing the skin with abrasive paper and/or an alcohol swab). The monitor is then attached to 1 electrode and a lead connecting that one to the other. You will not be able to shower or bath with the monitor on.

The monitor will take 15 minutes to apply.

Please return the monitor the next day.

### 24 Hr BP Monitor

The BP watch is fitted to the wrist. You will not be able to shower or bath with the monitor on. The monitor is programmed to take blood pressure readings every 15 minutes for 24 hours.

The monitor will take 15 minutes to apply.

Please return the monitor the next day.

### Transoesophageal Echo

An ultrasound image of the heart muscle is recorded from a probe that is swallowed.

Duration: 50 minutes.

Please do not eat or drink 5 hours prior to the test. You will be given some medication to make you feel drowsy prior to this. You will not be allowed to drive home.